

# Tazewell House Newsletter

June and July 2008

Tazewell Recovery Center  
276 988-3508

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If you think you can,  
you can. And if you  
think you can't,  
you're right.

Henry Ford

## DIRECTOR OF TAZEWELL HOUSE RETIRES

The Director of the Tazewell House, Babs Hoops retires after 25 years of service. She was well liked and loved by all the Tazewell House members and of the community here. By: Donnie F.

About a Wonderful Woman: Babs was always there for me. I could talk to her about anything. She made thing easier to deal with. I miss her a lot she has worked here along time. She was also funny and she could dance. She was a special woman. There will never be a person like her; she is one of a kind.

There was a big going away party for her many years of service here at the Tazewell House Recovery Center. Gabby M.

## Welcoming Diane or Sharon as Interim Program Managers

We welcomed Diane Sweet and Sharon Blankenship to fill in as interim program managers until the position is filled. We would like to thank Diane and Sharon for all their hard work and patience while acting as program manager of the Tazewell House. Thank you!!

## New Members

*By Brian Y.*

The clubhouse has helped me by being around people that are just like me. A lot of times at places I felt left out or that I was different than anyone else. A lot of people do not accept me for who I am; at the clubhouse you are a family. Being able to get out with a group of people that feel like my family makes a difference. I love the groups that we have too; they are very helpful. In the future I hope to benefit more from the clubhouse. I hope to gain more confidence in myself and going out in large groups in the community. I look forward to going to the clubhouse on my scheduled days. I would also like to thank the members and the staff for their kindness. I am glad to be part of a wonderful place such as the Tazewell House.

Brian Y.

Other new members included in June and July are as follow:

- Penny S.
- Tyrone T.
- Patty S.
- Marcella D.
- Darrell P.
- Charlotte Y.
- Brian Y.

We would like to welcome all new members for the months of June and July. We hope and wish them very well here at the Tazewell House.

## Birthdays for June and July :

### June:

Rosetta.....June 18

Penny.....June 4

Marcella.....June 16

Brian.....June 15

### July:

Susie.....July 9

Happy  
Birthday

## Schizophrenia

By Cindy G.

What is Schizophrenia? Schizophrenia is a chronic, severe, and disabling brain disorder that has been recognized throughout recorded history. It affects about 1 percent of Americans.

Some of the symptoms that a schizophrenia person may encounter are arranged in three different categories. They are as follows:

- Positive symptoms are unusual thoughts or Perceptions, including hallucinations, delusions, Thought disorder, and disorders of movement.
- Negative symptoms represent a loss or a decrease in the Ability to initiate plans, speaks, express emotion, or find Pleasure in everyday life. These symptoms are harder to Recognize as part of the disorder and can be mistaken for Laziness or depression.
- Cognitive symptoms are problems with attention, and certain Types of memory, and the executive functions that allow us Part of the disorder but are the most disabling in terms of leading a normal life.

If you find yourself in these symptom categories see your doctor for further evaluation.

### Community Outings/ Activities

#### Our Picnic June the 12<sup>th</sup>

We went to a picnic yesterday. We played Bingo and I won a couple of things. They were a lot of fun and people there. I had fun. We got to see Chantey too. We had all kinds of food, cookies, cakes, candy, fruit, and pop. I really had fun at the picnic and seeing different people. We went all over the place yesterday. It was the first time I ever been; there I saw a lot of campers. I sure thank all of them for letting me go and have fun and I really enjoyed being there with different people and some I knew too.  
Gabby M.

#### Good Hair Day

On July 11<sup>th</sup> Tazewell House members got an update on their appearance. It was very relaxing with someone working on our hair and make-up. I felt very special for them to take time out to give all of a new look. Everyone turned out great. Many thanks go for the wonderful people who made this possible.  
Tammy H.

#### Hair and Make up Day

There were 14 people signed up for the big day. There were 10 people that received a hair cut or trim and 4 people that received a full make over. It was a big day for us. We received a make over and got new clothes.

## Pizza

Find and circle all of the pizza ingredients and toppings that are hidden in the grid.

The remaining letters spell four additional pizza toppings.

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B A O N T L P O S E O T A M O T C H
A K O G I O Y E N A S E M R A P V I
C E C S A S M O P S U S C R T S H I
O C A A T I L A K P H S T E E N M Z
N B S E J O S M T R E I A V F O E U
G A R O V Y R A I O C R I G Z I S C
O S T O N B E M T H S L O Z E L M C
A A R L O E P R O N O A A N S O O H
T P L I L M P K E K A R U N I C O I
C R S M I A E A C T E L O C R C R N
H I C A V H P A L L N I P U E O H I
E C I L E P L I L A N O S G N R S G
E O L A O B L A E O J T M A G B U O
S T R S I F E E B D N U O R G E M U
E T A P L P B L A S P A R A G U S D
S A G S R E P P E P A N A N A B E A
S P I N A C H G R E E N O L I V E S
  
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ARTICHOKE HEARTS  
 ASIAGO  
 ASPARAGUS  
 BACON  
 BANANA PEPPERS  
 BASIL  
 BELL PEPPERS  
 BLACK OLIVES  
 BROCCOLI

CRUST  
 EGGPLANT  
 FETA  
 GARLIC  
 GOAT CHEESE  
 GOUDA  
 GREEN OLIVES  
 GROUND BEEF  
 HAM

JALAPENOS  
 MONTEREY JACK  
 MOZZARELLA  
 MUSHROOMS  
 OLIVE OIL  
 ONIONS  
 OYSTERS  
 PARMESAN  
 PEPPERONI

PROVOLONE  
 RICOTTA  
 SALAMI  
 SAUSAGE  
 SHRIMP  
 SPINACH  
 TOMATO SAUCE  
 TOMATOES  
 ZUCCHINI