

## Services Available

- Detoxification
- Individual/Group Counseling
- Educational Groups
- Peer Support
- Referral Services
- 12 Step or other Community Support Meetings
- Psychiatric Evaluation
- Medication Management

\*The Laurels Recovery Center is not equipped or staffed to handle medical emergencies such as DTs, traumas, severe respiratory or cardio vascular problems, etc.

*For more information  
contact:*

**Lloyd Sheets, CSAC**  
**Program/Facility Manager**  
**or**  
**Sandy Horne, LCSW**  
**Clinical Supervisor**

**(276)-889-3063**  
**1(800) 40-DETOX**

**216 Gilmer Street**  
**P.O. Box 1664**  
**Lebanon VA, 24266**

**Visiting Hours:**  
**8:30a.m. to 4:30p.m.**

# The Laurels Recovery Center

**Cumberland Mountain  
Community Services**

**Serving the Counties of Buchanan,  
Dickenson, Russell and Tazewell  
Virginia**

**The Laurels Recovery Center is  
licensed by the Virginia  
Department of Behavioral  
Health and Developmental  
Services.**

# The Laurels Recovery Center

## Program Components

The Laurels Recovery Center operates two regional residential programs:

**The Laurels** is a two phase program that includes medically supervised detox and stabilization services in Phase I and short term residential treatment and rehabilitation services in Phase II.

**The Laurels Residential Recovery** is a crisis stabilization unit. The program provides an integrated and comprehensive community based continuum of residential care that includes medically supervised detox and stabilization services, counseling and educational services, crisis stabilization services, medication services, and peer recovery support services.

Both programs are licensed to accept individuals on a voluntary basis, on an involuntary basis via a Temporary Detention Order (TDO), and on voluntary and involuntary commitment orders.

## Philosophy

The Laurels Recovery Center recognizes and understands that substance use, mental health, and co-occurring disorders affect many facets of an individual's life. The Laurels Recovery Center's philosophy is that all individuals struggling with substance use, mental health, or co-occurring disorders and related issues have the ability to recover. This philosophy promotes services that are recovery focused, person centered, strengths based, community based, accessible, and cost and outcome effective

## Program Goal

To ensure risk reduction for individuals struggling with substance use, mental health, or co-occurring disorders while providing treatment and support options and resources that foster an individual's physical, emotional, spiritual, and family's well-being.

## Populations Served

### **The Laurels**

Adult males and females aged 18 years and older experiencing substance abuse problems.

### **Residential Recovery**

Adult males and females aged 18 years and older experiencing an acute crisis of a psychiatric nature that may jeopardize their community living situation.

Priority admission is given to the following populations when substance abuse is involved :

- Pregnant and or parenting females who are intravenous users
- Females who may be pregnant and are intravenous users
- Pregnant and or parenting females who are not intravenous users
- Intravenous users
- Individuals with co-occurring problems
- Other individuals experiencing substance use problems